

# GetUp&Sing! 6 Week Vocal Course

Starts: Thursday 1 October 2015. Time: 7.30-9.30pm

Week 1	<b>Introduction</b> Prepping for the next 6 weeks Overcoming mental blocks
Week 2	<b>Find Your Voice pt1</b> Resetting and tuning the voice The body's impact on the voice Range, Tone, Posture
Week 3	<b>Tackling Tricky Transitions</b> Keeping the voice connected Build vocal strength
Week 4	<b>Find Your Voice pt2</b> Singing high notes
Week 5	<b>Taking it to Church</b> Practically applying technique In the worship team and choir
Week 6	<b>One 2 Ones</b> Personal feedback

**GetUp&Sing!** Cost £79 and includes:

- A **free 15 minute 121 session**, normally worth £20. This takes place in the last session
- **30 day follow up** - Another opportunity to check-in for free advice and progress report. *(Must be book within 30 days of the end of the course. Max 3 sessions) Normally £60*
- **Practice booklet** - To make notes during the sessions. *Normally £1*
- **Certificate** - A momento to remind you it is possible. **Priceless!**

Address: LFLCT, 92 Tomlinson Ave, Luton, Lu4 0QQ

Bus: Z (from town centre)

Train: Legrave Station or Luton (for buses)

Car: Free Parking

All Enquiries: 07733 534 529